Vegetation Dynamics in Inner Mongolia

Introduction

Land degradation has long been considered a global environmental issue (Gisladottir & Stocking 2005, Kröpfl et al. 2013, Ravi et al. 2010, Rey et al. 2011, Sop & Oldeland 2013). The Inner Mongolia Autonomous Region (IMAR) of China, one of the largest grasslands in the world, has suffered from severe degradation for a long time (Jiang et al. 2006). The Inner Mongolian grassland supports a large population of sheep, goats, cattle and other herbivores, providing the main economic benefit for the local community (Ellis 1992, Lee et al. 2002). Land degradation causes declines in soil quality, resulting in dramatic changes in the vegetation. The loss of vegetation cover makes the soil more sensitive to erosion (Ravi et al. 2010). Thus, studies of vegetation patterns and responses to external influences are necessary to control land degradation.
Remote sensing technology is widely accepted as the most effective tool for monitoring the growth of vegetation over large spatial scales. The vegetation indices derived from various satellite sensors can provide a continual source of high spatial- and temporal-resolution data. Normalized Difference Vegetation Index (NDVI) data are the most popular for identifying the long-term trends and phenology of vegetation (Jeong et al. 2011, Kawamura et al. 2005, Piao et al. 2006, Wu & Liu 2013). Previous studies found that the start of the vegetative growing season was early (advanced) in the IMAR due to climate change, such as in precipitation and temperature (Cong et al. 2013). Longer growing seasons, including earlier spring vegetation greening, significantly enhance the vegetation productivity in temperate and boreal regions (Hu et al. 2010, Kimball et al. 2004).

The growth of vegetation is greatly affected by climate change and human activities (Li et al. 2012). However, these dominant factors change over time. Some researchers have indicated that the IMAR has become warmer and drier (Ding & Chen 2008). However, our previous study using an NDVI time series obtained by the Terra Moderate Resolution Imaging Spectroradiometer (MODIS) during 2002-2014 (Gong et al. 2015) indicated that the IMAR became wetter and colder during those years, and that the rate of advance (forward movement) of the growing season was also more gradual than that found in previous research. Moreover, the effects of human activity varied during these years. Changes in land use policy, overstocking, and uneven grazing increased the stress on vegetation in the IMAR (Li et al. 2007, Ludwig et al. 2000). In an effort to reverse land degradation, the Chinese government established the “Grain for Green” program in 1999 for restoring the vegetation and recovering ecosystems (Zhou et al. 2009). Earlier studies have reported that the vegetation in Inner Mongolia was recently restored (Yong-Zhong et al. 2005, Zhan et al. 2007). However, the heterogeneous spatial distribution of the recovered areas also suggested that additional efforts are needed to reveal the reasons for this pattern and develop effective recovery technologies (Miao et al. 2015). Most existing studies have investigated vegetation change over relatively short time periods using data from historical periods or recent years, which are insufficient for the discovery of long-term dynamics. Thus, longer study periods are necessary to explore the continual changes in vegetative activity and consider the effects of human activities and climate change. The NDVI time series derived from the Advanced Very High-Resolution Radiometer-Vegetation Health Product (AVHRR-VHP), developed by the Center for Satellite Applications and Research (STAR) at the National Oceanic and Atmospheric Administration (NOAA), provides an NDVI time series for the longest period (from 1981 to the present). Thus, the shifts in vegetation growth can be detected in different stages across the years. Three decades (1983-1993, 1993-2003, and 2003-2013) were delineated to assess the responses of various vegetation types to climate change and social effects, such as before and after implementation of the “Grain for Green” program.

The objectives of this study are to: (1) detect the trends in vegetative activity and the phenological shifts in the IMAR using the NDVI derived from NOAA’s AVHRR-VHP (1983-2013), (2) assess the interrelationships between the phenological shifts and climate dynamics, and (3) compare the response of various vegetation types to climate change over three different periods.

**Materials and methods**

1. **Study area**

The IMAR (Fig. 1), located in the northern part of China, is a typical arid and semi-arid region that occupies a total area of 1.18 million km² (John et al. 2008). This region exhibits large climate gradients and various land use types. Five dominant vegetation cover types in the IMAR (i.e., forest, meadow steppe, typical steppe, desert steppe, Gobi Desert) were detected (Zhang 2007). The mean annual precipitation is concentrated in June and July, with more than 400 mm in the northeastern forests and less than 100 mm in the western Gobi Desert (John et al. 2008, Yu et al. 2003, Zhao et al. 2006). The yearly mean temperature ranges between 0 and 8°C. The typical meadow and desert steppes in the central region are the major grassland ecosystem types in the IMAR. Thus, grazing and animal husbandry are often found in this area. The meadow steppe has the highest productivity, with annual precipitation of approximately 400 mm. The primary plant species are *Stipa baicalensis*, *Leymus chinensis*, and *Cleistogenes mucronata* (Gong et al. 2015, John et al. 2008, Kang et al. 2007). In the semi-arid typical steppe where annual precipitation is less than 300 mm, the dominant plant species are *S. grandis*, *L. chinensis*, and multiple species of *Artemisia* ssp. and *Festuca* ssp. (Kang et al. 2007, Gong et al. 2015, Yu et al. 2003). The desert steppe has the lowest biomass production and is located in an arid area, where annual precipitation is always less than 200 mm. The dominant plant species in the desert steppe are *S. krylovii*, *S. bungeana*, and *A. ordosica* (John et al. 2008, Kang et al. 2007, Yu et al. 2003). The forest area in the northeast is rich in biomass and has the highest precipitation, but the lowest temperature compared with the other ecosystems.
The Gobi Desert area in the west seldom receives annual precipitation greater than 150 mm.

2. Data sources

The meteorological data on Inner Mongolia were provided by the China Meteorological Data Sharing Service System (http://www.escience.gov.cn/metdata/page/index.html). Twenty-three meteorological stations (Fig. 1 and Table 1) across the IMAR were selected to represent forest, meadow steppe, typical steppe, desert steppe, and Gobi Desert areas. Based on the land cover types in Inner Mongolia (Editorial Board of Vegetation Map of China and Chinese Academy of Sciences 2007), we divided the vegetation types of the 23 total meteorological stations into five dominant types, listed in Table 1 as follows: forest (n = 2), meadow steppe (n = 5), typical steppe (n = 8), desert steppe (n = 6) and Gobi Desert (n = 2).

The NDVI time series from 1983 to 2013 derived from NOAA’s AVHRR-VHP (a weekly product with spatial resolution of 16 km) was applied to evaluate vegetative growth (http://www.star.nesdis.noaa.gov/smed/emb/vci/VH/vh_ftp.php). The NDVI is a nonlinear combination of red and near-infrared (NIR) spectral radiances \( \frac{NIR - red}{NIR + red} \) that reflects vegetative activity and green biomass. The index is usually employed for assessing phenology from space (Glenn et al. 2008, Hmimina et al. 2013, Karlsen et al. 2008). The NDVI time series was composited using the data detected by NOAA 7, 9, 11, 14, 16, 18, and 19 aboard different platforms.

3. Reconstruction of the NDVI time series

The raw NDVI data were smoothed using the Empirical Distribution Function (EDF) method (Crosby et al. 1996). Quality assessment (QA) was used to determine the acceptable NDVI values; the invalid NDVI values with QA = 0 or 1 were omitted and interpolated linearly.

Due to the noise caused by other factors (e.g., thin clouds), however, the NDVI time series needed to be smoothed again. The Savitzky-Golay filter (Chen et al. 2004) is a popular smoothing method that can be explained by the function expressed as follows:

\[
Y^*_j = \frac{\sum_{i=m}^{n-m} C_i Y_{j+i}}{N}
\]

where \( Y \) is the original NDVI value, \( Y^* \) the resultant NDVI value, and \( C_i \) the coefficient for the \( i \)th NDVI of the smoothing window (Chen et al. 2004). \( N \) is the number
of convoluting integers and equal to the smoothing window size \((2m + 1)\). \(j\) represents the running index of ordinate data in the original data table, and \(m\) represents the half width of the smoothing window (Savitzky & Golay 1964). The two main parameters that determine the final output are the half width of the smoothing window \((m)\) and the degree of the filtering polynomial \((d)\). In this study, \(m\) was set to 4 and \(d\) to 2, so as to obtain the best fitting result. The two assumptions which must be confirmed are that the time series follows an annual cycle of growth and decline, and that clouds and poor atmospheric conditions decrease the NDVI values. Therefore, sudden decreases in the NDVI that are not compatible with the gradual process of vegetation change should be regarded as noise and removed.

In the NDVI image, 6,271 pixels were determined to represent the Inner Mongolia area; 6,262 pixels represented land, and the other 9 pixels covered water (NDVI = −999, same as the invalid areas). The mean cumulative AVHRR NDVI values were classified into five levels (less than 0.1, 0.1-0.15, 0.15-0.2, 0.2-0.25, and greater than 0.25), corresponding to the Gobi Desert, desert steppe, typical steppe, meadow steppe, and forest biome (Fig. 1). These threshold values were set to match the vegetation map of the People’s Republic of China (Zhang 2007). As the vegetation is rarely distributed in the Gobi Desert (mean NDVI < 0.1), only the NDVI time series data for the areas covered with vegetation (4,928 pixels) were used for calculations.

Using the smoothed NDVI time series data (1,563 values/pixel from 1983 to 2013), linear models were developed to obtain the trends of the data set. The positive and negative slopes of the models represent increasing and decreasing trends, respectively. The slopes were tested at a significance level of 5\% \((P < 0.05)\). Subsequently, the \(F\) significance test was used to mask the pixels with a significance level of less than 0.05.

4. Phenology determination

Various methods have been applied to detect

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Table 1. Meteorological station information (1981-2010)

<table>
<thead>
<tr>
<th>No.</th>
<th>Station name</th>
<th>Vegetation type</th>
<th>Elevation (m)</th>
<th>Annual mean precipitation (mm)</th>
<th>Mean temperature (°C)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Tulihe MS</td>
<td>732.6</td>
<td>450.46</td>
<td>−4.04</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>Hailaer MS</td>
<td>610.2</td>
<td>357.53</td>
<td>−0.47</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Boketu Forest</td>
<td>739.7</td>
<td>476.81</td>
<td>−0.12</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Aershan Forest</td>
<td>1,027.4</td>
<td>451.86</td>
<td>−2.31</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Dongwuzhumaqin TS</td>
<td>838.7</td>
<td>253.03</td>
<td>1.97</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>Bayanmaodaogobi Desert</td>
<td>1,323.9</td>
<td>106.31</td>
<td>7.70</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>Erlianhot DS</td>
<td>964.7</td>
<td>135.04</td>
<td>4.66</td>
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</tr>
<tr>
<td>8</td>
<td>Abagaqi DS</td>
<td>1,126.1</td>
<td>237.57</td>
<td>1.97</td>
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</tr>
<tr>
<td>9</td>
<td>Zhurilhe DS</td>
<td>1,150.8</td>
<td>202.42</td>
<td>5.52</td>
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</tr>
<tr>
<td>10</td>
<td>Wulatezhongqi DS</td>
<td>1,288.0</td>
<td>204.81</td>
<td>5.84</td>
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<tr>
<td>11</td>
<td>Daerhanliangheqi DS</td>
<td>1,376.6</td>
<td>253.06</td>
<td>4.76</td>
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<tr>
<td>12</td>
<td>Huade TS</td>
<td>1,482.7</td>
<td>317.84</td>
<td>3.25</td>
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<tr>
<td>13</td>
<td>Huhsot TS</td>
<td>1,063.0</td>
<td>399.87</td>
<td>7.40</td>
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<td>14</td>
<td>Jilantai Gobi Desert</td>
<td>1,031.8</td>
<td>101.49</td>
<td>9.47</td>
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<tr>
<td>15</td>
<td>Etookeqi DS</td>
<td>1,380.3</td>
<td>267.64</td>
<td>7.54</td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>Xiwuzhumaqin TS</td>
<td>1,000.6</td>
<td>329.74</td>
<td>2.01</td>
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</tr>
<tr>
<td>17</td>
<td>Zhaluteqi MS</td>
<td>265.0</td>
<td>376.46</td>
<td>7.07</td>
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<tr>
<td>18</td>
<td>Balinzuqi MS</td>
<td>484.4</td>
<td>379.97</td>
<td>5.94</td>
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</tr>
<tr>
<td>19</td>
<td>Xilinhot TS</td>
<td>989.5</td>
<td>269.48</td>
<td>3.01</td>
<td></td>
</tr>
<tr>
<td>20</td>
<td>Linxi TS</td>
<td>799.0</td>
<td>373.53</td>
<td>5.15</td>
<td></td>
</tr>
<tr>
<td>21</td>
<td>Tongliao MS</td>
<td>178.5</td>
<td>368.07</td>
<td>7.10</td>
<td></td>
</tr>
<tr>
<td>22</td>
<td>Duolun TS</td>
<td>1,245.4</td>
<td>376.57</td>
<td>2.80</td>
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<tr>
<td>23</td>
<td>Chifeng TS</td>
<td>568.0</td>
<td>374.35</td>
<td>7.71</td>
<td></td>
</tr>
</tbody>
</table>

MS: meadow steppe, TS: typical steppe, DS: desert steppe
phenological shifts using the NDVI time series (Cong et al. 2013, Vrieling et al. 2011, Wu & Liu 2013). In the present study, the start of the growing season (SOS) was set as the date when the second derivative reached the highest value in spring (from March to June). The peak of growing activity in the season (POS) was set as the time when the NDVI reached the highest value during the study period. The end of the growing season (EOS) was determined as the time when the second derivative reached the highest value in autumn (from July to October). The length of the growing season (LOS) was the period between the start and end of the growing season. The relationships between the phenology dates (SOS, POS, EOS, and LOS) and meteorological data (monthly cumulative precipitation and mean temperatures) were assessed using the population regression function. We developed a simple linear regression model with the phenology date as response variable ($y$) and meteorological data as explanatory variable ($x$). Here, the previous year’s rainfall and other parameters were also compared as $x$-variable. The coefficient of determination ($R^2$) and significance ($p$) were calculated to compare the correlations between parameters. Further details are given in Gong et al. (2015).

Satellite image processing was conducted using Interactive Data Language (IDL) ver. 8.3 (Exelis Visual Information Solutions, Boulder, Colorado, USA). The correlation analysis was performed using MATLAB software ver. 7.12 (MathWorks Inc., Sherborn, USA). The thematic maps were developed using ArcGIS ver. 10.2.2 (ESRI, California, USA).

**Results**

1. **Climate change**

   According to the meteorological data collected from 1983 to 2013 by the 23 meteorological stations distributed across the IMAR (Fig. 1), annual precipitation tended to decrease, whereas mean temperature tended to increase (Table 2). Annual precipitation reached a maximum in 1998 (312.84 mm year$^{-1}$) and a minimum in 2007 (164.37 mm year$^{-1}$). The mean temperature was 1.92°C in 1985 and 4.08°C in 2007. Over the 31 years, annual precipitation varied considerably at different stations, with the standard derivation (SD) ranging from 114.23 mm year$^{-1}$ to 239.95 mm year$^{-1}$.

   To assess the responses of various vegetation types to climate change and social effects (before and after implementation of the “Grain for Green” program), the meteorological data was divided into three decades (1983-1993, 1993-2003, and 2003-2013) (Table 2). During 1983-1993, both annual precipitation and mean temperature showed increasing trends. During 1993-2003, annual precipitation dramatically decreased, whereas mean temperature continued to exhibit a rising trend. Conversely, during 2003-2013, annual precipitation increased again, but mean temperature decreased.

2. **Cumulative NDVI trends**

   Figure 2 and Table 3 show the cumulative NDVI trends over different periods. During 1983-2013 (Fig. 2 a), most of the area with significant change had an increasing NDVI trend (30.30% of the vegetation covered area), whereas 21.21% had a decreasing NDVI. The decreased NDVI area was primarily located in the meadow steppe and typical steppe in the northeastern and central parts of the IMAR. Some of the western desert steppe also exhibited a decreased NDVI. The northeastern forest and western desert steppe regions showed an increasing NDVI trend.

   During 1983-1993 (Fig. 2 b), some areas of the typical steppe region tended to exhibit increasing NDVI trends. The northern desert steppes and some meadow steppe areas exhibited significantly decreasing NDVI trends. In the driest decade (1993-2003) (Fig. 2 c), the largest area (27.56%) was obviously degraded, except for some forest and desert steppe areas. Then during 2003-2013 (Fig. 2 d), the cumulative NDVI trend in the northeastern meadow steppe and most of the western desert steppe increased (18.28%). Only 4.65% of the vegetation covered area exhibited a downward NDVI trend, primarily the typical and meadow steppes in the central region and some arid areas.

   During the study period, the vegetation decreased most significantly during 1993-2003. The cumulative NDVI in the forest area remained the most stable

<table>
<thead>
<tr>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td>Precipitation</td>
<td>Slope 2.04</td>
<td>−4.65</td>
<td>4.65</td>
<td>−0.91</td>
</tr>
<tr>
<td></td>
<td>Intercept 229.19</td>
<td>257.72</td>
<td>190.31</td>
<td>242.45</td>
</tr>
<tr>
<td>Temperature</td>
<td>Slope 0.07</td>
<td>0.04</td>
<td>−0.06</td>
<td>0.03</td>
</tr>
<tr>
<td></td>
<td>Intercept 2.22</td>
<td>2.96</td>
<td>3.60</td>
<td>2.61</td>
</tr>
</tbody>
</table>
compared with the other vegetation types. The cumulative NDVI of the western desert steppe increased recently, meaning that vegetative activity was promoted in the arid areas of Inner Mongolia. However, the NDVI trend of the typical and meadow steppes was distributed unequally, reflecting heterogeneous vegetation recovery in the semi-arid areas.

3. Phenology dynamics

Based on the seasonal phenology transition dates (SOS, POS, EOS, and LOS) of all 23 meteorological stations, the mean SOS of all stations in the study period ranged from May to early June, with a mean value of $144.69 \pm 10.13$ day of year (DOY), where 10.13 was the SD of the mean annual SOS. The SD of stations ranged from 15.79 days in 2010 to 37.32 days in 1998, showing that the SOS varied significantly within the regions with different vegetation types and climatic conditions. The POS appeared in July and August, with the mean annual value of $218.76 \pm 5.84$ DOY. The EOS occurred from mid-September to October, with a mean annual value of $279.60 \pm 7.30$ DOY. The mean annual LOS was $135.92 \pm$
14.29 days. The LOS exhibited the greatest mean SD of stations (46.20 days), indicating a significant spatially heterogeneous distribution of phenology across vast Inner Mongolia.

According to the linear model shown in Table 4, during the entire monitoring period (1983-2013), the SOS was postponed by 5.40 days (= 0.18 day/year × 30 years), whereas the POS and EOS were advanced by 2.10 days (= −0.07 day/year × 30 years) and 6.00 days (= −0.20 day/year × 30 years), respectively. Thus, the LOS had been shortened by 11.70 days (= −0.39 day/year × 30 years). The SOS was postponed during 1983-1993 but continually advanced, especially during 2003-2013, when it was advanced by 12.80 days. The LOS decreased until 1993-2003. These changes suggest strong vegetation growth during 2003-2013.

### Table 4. Slope and intercept from linear fittings of yearly changes in phenology transition dates during different periods

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>SOS</td>
<td>Slope</td>
<td>0.01</td>
<td>−0.01</td>
<td>−1.28</td>
</tr>
<tr>
<td>Intercept</td>
<td>141.07</td>
<td>145.73</td>
<td>154.53</td>
<td>141.75</td>
</tr>
<tr>
<td>POS</td>
<td>Slope</td>
<td>−0.70</td>
<td>−1.00</td>
<td>−0.53</td>
</tr>
<tr>
<td>Intercept</td>
<td>222.45</td>
<td>225.22</td>
<td>221.71</td>
<td>219.93</td>
</tr>
<tr>
<td>EOS</td>
<td>Slope</td>
<td>−0.29</td>
<td>−0.21</td>
<td>−0.18</td>
</tr>
<tr>
<td>Intercept</td>
<td>284.36</td>
<td>278.71</td>
<td>279.47</td>
<td>282.87</td>
</tr>
<tr>
<td>LOS</td>
<td>Slope</td>
<td>−0.30</td>
<td>−0.21</td>
<td>1.10</td>
</tr>
<tr>
<td>Intercept</td>
<td>144.29</td>
<td>133.98</td>
<td>125.94</td>
<td>142.13</td>
</tr>
</tbody>
</table>

SOS is the start of the growing season; POS is the maximum NDVI date during the growing season; EOS is the end of the growing season; LOS is the length of the growing season.

### Table 5. Linear models representing correlations between phenology transition dates and climate variables during 1983-2013

<table>
<thead>
<tr>
<th>Phenology</th>
<th>Variable</th>
<th>Period</th>
<th>Slope</th>
<th>Intercept</th>
<th>$R^2$</th>
<th>$P$</th>
</tr>
</thead>
<tbody>
<tr>
<td>SOS</td>
<td>Prec.</td>
<td>September-October</td>
<td>−1.34</td>
<td>192.18</td>
<td>0.35</td>
<td>&lt;0.05</td>
</tr>
<tr>
<td>Temp.</td>
<td>April (previous year)</td>
<td>49.45</td>
<td>177.07</td>
<td>0.33</td>
<td>&lt;0.05</td>
<td></td>
</tr>
<tr>
<td>POS</td>
<td>Prec.</td>
<td>September-November</td>
<td>0.21</td>
<td>172.32</td>
<td>0.18</td>
<td>&lt;0.05</td>
</tr>
<tr>
<td>Temp.</td>
<td>March (previous year)</td>
<td>−2.66</td>
<td>176.79</td>
<td>0.15</td>
<td>&lt;0.05</td>
<td></td>
</tr>
<tr>
<td>EOS</td>
<td>Prec.</td>
<td>August-September</td>
<td>1.16</td>
<td>161.94</td>
<td>0.87</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Temp.</td>
<td>March</td>
<td>28.61</td>
<td>372.83</td>
<td>0.43</td>
<td>&lt;0.05</td>
<td></td>
</tr>
<tr>
<td>LOS</td>
<td>Prec.</td>
<td>February-March</td>
<td>9.89</td>
<td>64.02</td>
<td>0.56</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td>Temp.</td>
<td>June (previous year)</td>
<td>−58.93</td>
<td>1,281.80</td>
<td>0.34</td>
<td>&lt;0.01</td>
<td></td>
</tr>
</tbody>
</table>

SOS is the start of the growing season; POS is the maximum NDVI date during the growing season; EOS is the end of the growing season; LOS is the length of the growing season. Prec. and Temp. denote precipitation and temperature, respectively.
vegetation, leading to a prolonged growing season. Increased spring precipitation may have promoted vegetation growth, leading to a prolonged growing season.

Discussion

This study detected the cumulative annual NDVI trends and shifts in phenology during the growing season in the IMAR over 31 years. The vegetative activity decreased in most of the areas during 1993-2003, but the trend was reversed during 2003-2013. The phenology dynamics were closely related to climate variations, especially that of precipitation.

1. Cumulative NDVI trends over different time periods

The most significant degenerated cumulative NDVI trend was detected for 1993-2003 (Fig. 2 c). Precipitation and temperature are the main constraints on vegetation growth, and the vegetation in arid and semi-arid regions is quite sensitive to the quantity, timing, and frequency of precipitation (Fan et al. 2016, Gamon et al. 2013, Li et al. 2013). Tian et al. (2015) suggested that annual precipitation most strongly and significantly limited vegetation growth over 45.1% of the IMAR. During 1993-2003, annual precipitation measured by the meteorological stations decreased by 46.5 mm and the mean temperature increased by 0.4°C. Previous research indicated that temperature in the IMAR increased significantly after the mid-1980s (Ding & Chen 2008). Increased temperature can accelerate water evaporation and lead to insufficient soil moisture for vegetation growth. Conversely, the IMAR became wetter and colder after 2003. Similar variations have been discovered by other researchers (Fan et al. 2016, Tian et al. 2015). The cumulative NDVI increased primarily in regions with low biomass (desert steppe) and some parts of the typical and meadow steppes. The typical and meadow steppes in the eastern and central parts of the IMAR degraded significantly. Thus, although the vegetation was generally restored in the IMAR, the areas with rich biomass still suffered from degradation.

2. Linking the phenological shifts and climate change

The SOS became earlier starting in 1993, whereas the EOS advanced throughout all study periods (Table 4). Only the LOS was longer during 2003-2013 because the advance in SOS was greater than the advance in EOS. All phenological shifts were closely related to climate change, especially precipitation. The time lag effects discussed in previous works (Chuai et al. 2013, Cui & Shi 2010, Luo et al. 2009, Xu et al. 2010) were also detected in the present study. The precipitation and temperature during the previous year may strongly affect vegetation growth in the current year, whereas an increasing rate of precipitation can promote vegetative activity. The rise in temperature might inhibit growth, but not significantly. Some studies have indicated that moderate warming could enhance the production capacity of plants (Wu et al. 2011, Xu et al. 2013), but warming might also suppress the total production of certain herbaceous plants (Hoepnner & Dukes 2012, Lv et al. 2016). Li & Yang (2014) also suggested that year-round warming exacerbates water deficits in the spring and early summer, thereby damaging vegetation. Further research is necessary to confirm this finding.

3. Varying responses of different vegetation types to climate change

Vegetation phenology is the timing of seasonal events that are considered the result of adaptive responses to environmental conditions. Many researchers have revealed that NDVI changes and phenology showed great variations among different vegetation types (Chuai et al. 2013, Fan et al. 2016, Luo et al. 2009).

Figures 3, 4, and 5 show the variability in phenological shifts (SOS, EOS, and LOS) of the different vegetation types (forest, meadow steppe, typical steppe, and desert steppe), respectively.

The SOS in the forest, meadow, and typical steppe areas with higher biomass exhibited similar trends. According to the meteorological data from every station, increased precipitation promoted the advance of the growing season. However, the temperature effects were not as significant as the precipitation effects. For the EOS, the temperature had a greater influence in the regions with rich biomass (forest and meadow steppe) than did precipitation. The precipitation primarily affected the end of vegetative growth in the arid and semi-arid areas (desert steppe). Generally, depending on the phenological shift (SOS, EOS or LOS), precipitation had a more significant promotional effect on the vegetation growth in most areas, especially in the regions with lower vegetation coverage (typical and desert steppes). However, the differential responses of the vegetation types to meteorology are still not perfectly understood on the Inner Mongolian Plateau (Cui et al. 2014).
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Fig. 3. Start of growing season (SOS) for different vegetation types during 1983-1993 (●), 1993-2003 (▲), and 2003-2013 (♦)

Fig. 4. End of growing season (EOS) for different vegetation types during 1983-1993 (●), 1993-2003 (▲), and 2003-2013 (♦)
The present study has some limitations. Land use and land cover changes have important effects on the grassland ecosystems and policy at regional and global scales (Hu & Nacun 2018). Both are closely related to human activities. In this study, we assessed different land cover types (forest, meadow steppe, typical steppe, desert steppe) in the same manner, but excessive logging and grazing pressure should be different. Thus, more details about land cover change and grassland degradation must be extracted in future studies to achieve sustainable development in Inner Mongolia. From a technical point of view, the method of determining phenology worked well in areas with high vegetation coverage, but was problematic in the desert steppe. Thus, a more suitable method of detecting the phenology should be developed for areas with little vegetation. For the detection of more detailed climate changes in the IMAR, it is necessary to include more meteorological stations in future research. And in future studies, the responses of various vegetation types to climate change should also be analyzed using more in situ data.

Conclusions

Based on our results using the longest available NDVI time series, we evaluated the vegetative activity dynamics and phenological shifts in the IMAR. The correlations between the phenological changes (SOS, POS, EOS, and LOS) and meteorology (precipitation and temperature) were also studied. The primary findings can be summarized as follows:

1. The largest degraded area with a decreasing cumulative annual NDVI trend was detected during 1993-2003. A reversal occurred during 2003-2013, when 18.28% of the total vegetation covered area had a significantly increasing trend.

2. Generally, the POS and EOS advanced during the study period in the IMAR. The LOS expanded in the more recent decade.

3. The phenology was closely related with climate changes, especially precipitation in the spring.

4. Increased temperature may inhibit the growth of vegetation.

Overall, our study indicated that vegetative activity was promoted in the most recent decade in the IMAR, and that there was a significant correlation with the climate data. However, our study did not consider land cover and human activities that affect vegetation.
productivity and spatial variation. Thus, future studies of the variability in responses of different vegetation types to climate change and human activities will be undertaken.

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